

PERSONAL PROTECTIVE EQUIPMENT

Hard Hats



You should wear your hard hat at all times on every construction site!

Your hard hat is one of the most important pieces of personal protective equipment you wear.

Hard hats help protect you from head injuries caused by falling, collisions, flying objects and electrical shock or burns. A head injury from a falling object could end your career, leave you permanently disabled, even kill you.

How does a hard hat protect you?

The hard outer shell prevents objects from directly hitting your head. The shell transfers the force of the impact to the suspension which distributes the force over a large area of your head. This system reduces the likelihood of severe head injury. Hard hats also shield your head and hair from entanglement in machinery and from exposure to some environmental hazards.

**COVER YOUR HEAD OR
END UP DEAD.**



You should be sure that your hard hat is designed for the hazards you encounter.

There are three classes of hard hats:

Class G is used for general service and provides limited voltage protection.

Class E is used for utility service and provides high-voltage protection.

Class C is used for special service and provides no voltage protection.

Remember to...

- check the condition of your hard hat daily.
- replace your hard hat if it is damaged.
- never drill holes in the hat or carry anything in it.
- never wear your hard hat backwards.



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